Portion Control Chart



Kitchen Scoop Sizes and Ounces / Millimeters by Volume Chart (OZV)



Note: Level off the product in the utensil to get the correct portion.

Portion Control Chart



Kitchen Metal Spoodle Sizes and Ounces / Millimeters by Volume Chart (OZV)



Note: Level off the product in the utensil to get the correct portion.

Portion Control Chart



Kitchen Plastic Spoodles Sizes and Ounces / Millimeters by Volume Chart (OZV)



Note: Level off the product in the utensil to get the correct portion.