

How To Navigate Nutrislice – FergFlor’s New Menu Platform

Click “Nutrislice – All School Menus”

VIEW OUR SCHOOL MENUS ONLINE!

NUTRISLICE - ALL SCHOOL MENUS

Breakfast - Lunch - Nutrition Information - Allergies

*Menu subject to change

GLUTEN FREE ITEMS CARB COUNT



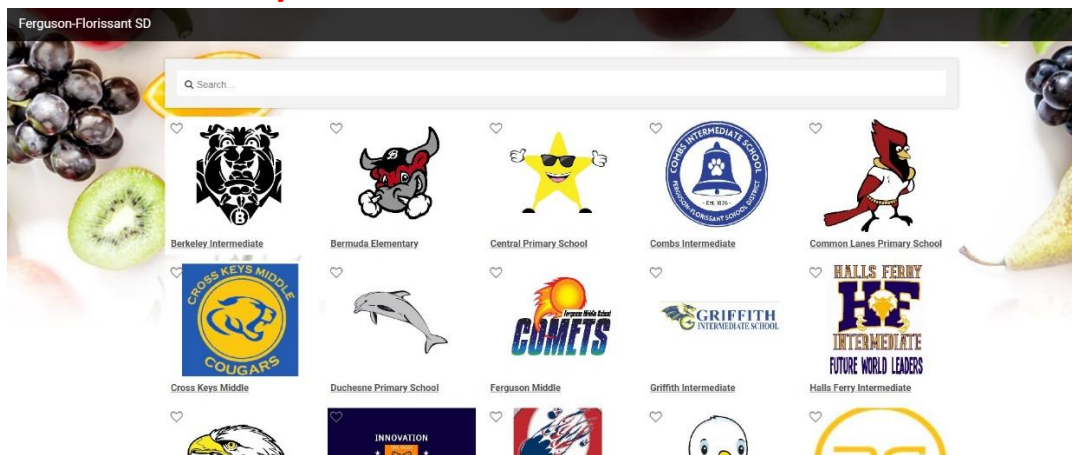
6-12 MENU CARB COUNT



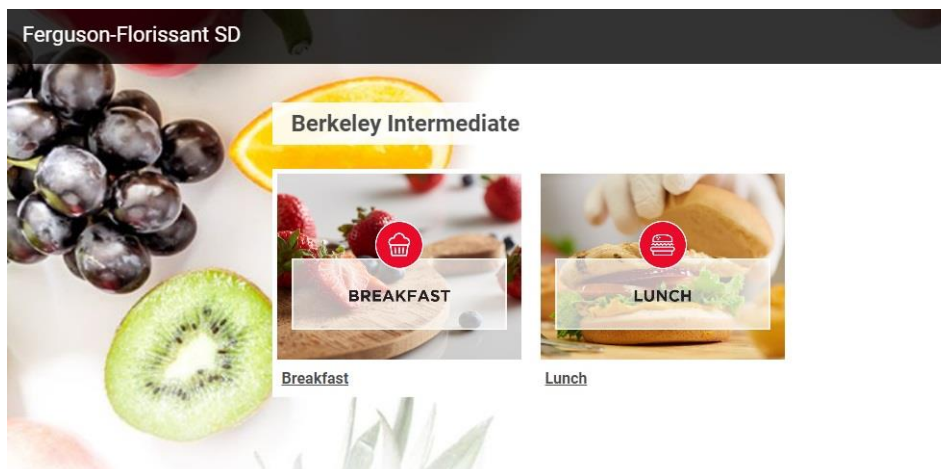
K-5 MENU CARB COUNT



Find and click on your student’s school.



Choose “Breakfast” or “Lunch”



Choose your view – Daily, Weekly, or Monthly

Ferguson-Florissant SD Berkeley Intermediate

Breakfast

Filters Carb Counts Print

Breakfast Lunch

Weekly

Oct 10 - 14, 2022

	11 Tue	12 Wed	13 Thu	14 Fri
Entree	Entree	Entree	Entree	Entree
Sausage Breakfast Pizza	Blueberry Muffin	Honey Cheerios	Cinnamon Toast Crunch	Apple Frudel
Fruit	Fruit	Graham Crackers	Graham Crackers	Fruit
Diced Peaches	Mixed Fruit	Fruit	Fruit	Fresh Grapes
Apple Juice	Orange Juice	Applesauce	Fresh Apple Wedges	Apple Juice
Milk	Milk	Fruit Juice	Orange Juice	Milk
1% Milk	1% Milk	Milk	Milk	1% Milk
		1% Milk	1% Milk	Chocolate Milk

Click the “Breakfast” or “Lunch” icons to move between menus

Ferguson-Florissant SD Berkeley Intermediate

Breakfast

Filters Carb Counts Print

Breakfast Lunch

Weekly

Oct 10 - 14, 2022

	11 Tue	12 Wed	13 Thu	14 Fri
Entree	Entree	Entree	Entree	Entree
Sausage Breakfast Pizza	Blueberry Muffin	Honey Cheerios	Cinnamon Toast Crunch	Apple Frudel
Fruit	Fruit	Graham Crackers	Graham Crackers	Fruit
Diced Peaches	Mixed Fruit	Fruit	Fruit	Fresh Grapes
Apple Juice	Orange Juice	Applesauce	Fresh Apple Wedges	Apple Juice
Milk	Milk	Fruit Juice	Orange Juice	Milk
1% Milk	1% Milk	Milk	Milk	1% Milk
		1% Milk	1% Milk	Chocolate Milk

Click the arrows to change the date

Ferguson-Florissant SD Berkeley Intermediate

Breakfast

Filters Carb Counts Print

Breakfast Lunch

Weekly

Oct 10 - 14, 2022

	11 Tue	12 Wed	13 Thu	14 Fri
Entree	Entree	Entree	Entree	Entree
Sausage Breakfast Pizza	Blueberry Muffin	Honey Cheerios	Cinnamon Toast Crunch	Apple Frudel
Fruit	Fruit	Graham Crackers	Graham Crackers	Fruit
Diced Peaches	Mixed Fruit	Fruit	Fruit	Fresh Grapes
Apple Juice	Orange Juice	Applesauce	Fresh Apple Wedges	Apple Juice
Milk	Milk	Fruit Juice	Orange Juice	Milk
1% Milk	1% Milk	Milk	Milk	1% Milk
		1% Milk	1% Milk	Chocolate Milk

Additional Information:

- Click “Filters” to filter through allergens
- Click “Carb Counts” for specific carb counts of food items
- Printing is available – if the menu is too long to fit on one page, there are controls on the sidebar to modify what is being printed.
 - *Menus are subject to change. Nutrislice will show updates throughout the month that may be occurring. By printing the menu, the changes will not be reflected.

